Findings suggest that:

- Providing enhanced medication education and encouraging patient-provider communication improved patients’ understanding and confidence level regarding their medication regimen and improved communication skills between patients and healthcare providers in the primary care setting.
- Evaluating polypharmacy in the primary care setting by routine medication reviews allows patient to actively participate in their care.

The investigators would like to give a special thanks to Dr. Russell D. Ulrich and the office staff of Piedmont Family Practice Center for their support of this project.